

Acts of Random Kindness

Can you get bingo this week?

LET SOMEONE GO IN FRONT OF YOU IN LINE	ASK IF SOMEONE NEEDS HELP	SEND SOMEONE A "THINKING OF YOU" CARD	COMPLIMENT SOMEONE	DO HOUSE CHORES WITH- OUT BEING ASKED
READ A STORY / BOOK TO SOME- ONE YOUNGER THAN YOU	SAY "I LOVE YOU" MORE OFTEN	MAKE A GRATITUDE LIST	HELP A STRANGER	DONATE UNUSED TOYS OR BOOKS
TIP MORE THAN YOU SHOULD	SEND A THANK YOU NOTE		SEND SOMEONE AN ANONYMOUS GIFT	TAKE FLOWERS TO A NURSING HOME
INTRODUCE YOURSELF TO A NEW FRIEND	TELL A FRIEND HOW MUCH THEY MEAN TO YOU	OFFER TO WATCH A FRIENDS CHILD (OR YOUNGER SIBLINGS)	INVITE SOMEONE TO JOIN YOU FOR DINNER OR COFFEE	CALL A FAMILY MEMBER JUST TO SAY "HI"
VOLUNTEER AT A LOCAL ORGANIZATION	SMILE AT EVERYONE YOU MEET TODAY	GET GIFTCARDS AND GIVE THEM OUT TO PEOPLE YOU MEET	APOLOGIZE	RETURN SHOP- PING CARTS AT THE GROCERY STORE